

# COPPERMINE GYMNASTICS

## PRESCHOOL

Our preschool gymnastics programs use movement to build a foundation for learning and gaining self confidence. Classes build strength, flexibility and coordination, as well as spatial awareness, language and listening skills.

**AGES** 10 Months - 6 Years  
**TIME** 45 Minutes - 1 Hour Classes for 12 Weeks  
**COST** Starting at \$192 Per Student  
 Plus \$20 Yearly Registration Fee  
**SEASON** Fall, Winter, Spring & Summer  
**INFO** [gymnastics@copperminefieldhouse.com](mailto:gymnastics@copperminefieldhouse.com)

### OBSERVATION WEEKS

Join us to see what your little one has been doing. Exact dates to be determined and will be emailed to all parents of registered participants.

### PROGRESSIONS

Our recreational gymnastics programs take on a skill centered approach as we continue to build upon strength, coordination and kinesthetic awareness built in our preschool classes. For the child who is ready for a more accelerated class, we have the Hot Shots program that is a great transition to Developmental or higher level recreational classes.



#### PLAY GYM (10-16 Months & Parent)

Tumbling on the giant trampoline plus guided activities with songs, props, bouncing, rolling, crawling expeditions and free play, allow the little one to grow and develop along the way. One parent/care giver per child is required in this class.

#### TINY TUMBLERS (16-36 Months & Parent)

Children develop balance, flexibility and listening skills through the introduction of simple directions, use of obstacle courses, and time on the trampoline and swing. One parent/care giver per child is required in this class.

#### TUMBLE TOTS (3-4½ Years)

This movement education class is an independent class that focuses on building confidence and listening skills and provides a fun, safe and challenging environment for our tiny gymnasts. Fitness and motor skills are developed through the use of obstacle courses, games and gymnastics stations.

#### GYM KIDS (4½-5½ Years)

This movement education class continues to strengthen skills introduced in the Tumble Tots class while introducing new challenges. Obstacle courses, gymnastics stations and the use of gymnastics apparatus, are used to create a safe and fun learning environment. We recommend this class for 4 year olds who have already mastered the Tumble Tots curriculum.

#### HOT SHOTS (5-6 Years, See Page 30-31, Invitation Only)

Hot Shots is an invite only class for gymnasts exhibiting exceptional form, flexibility & strength. This class focuses on building the fundamentals of each apparatus such as handstands, cartwheels, jumps & pullovers at an accelerated pace. More emphasis is placed on body positioning, kinesthetic awareness, strength & flexibility to prepare our Hot Shots to move to Developmental or our Team Program.

## PRESCHOOL SCHEDULE

VISIT OUR WEBSITE FOR UP TO DATE SCHEDULES AND POLICIES

COPPERMINE FIELD HOUSE		1 400 COPPERMINE TERRACE BALTIMORE, MD 21209					
CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>PLAY GYM</b> (10-16 Months & Parent) 45 Minutes - \$192			11:30am	9:45am			
<b>TINY TUMBLERS</b> (16-36 Months & Parent) 50 Minutes - \$216	9:15am 10:30am			5:00pm	9:30am	9:15am	9:00am
<b>TUMBLE TOTS</b> (3-4½ Years) 50 Minutes - \$216	1:00pm	1:00pm 4:00pm		10:30am 1:00pm 4:00pm	10:30am	10:30am 11:30am	10:00am
<b>GYM KIDS</b> (4½-5½ Years) 1 Hour - \$252	4:15pm	5:00pm		4:30pm		9:00am	11:00am
<b>HOT SHOTS</b> (5-6 Years) 1 Hour - \$95/mo for 1x/wk **Invitation Only**			4:30pm			10:30am	

COPPERMINE DU BURNS ARENA		3 100 BOSTON STREET BALTIMORE, MD 21224					
CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>TINY TUMBLERS</b> (16-36 Months) 50 Minutes - \$216		9:00am	9:00am			9:00am 10:00am	
<b>TUMBLE TOTS</b> (3-4½ Years) 50 Minutes - \$216		10:00am				11:00am	

WHAT TO WEAR: Visit [www.copperminegymnastics.com](http://www.copperminegymnastics.com) for complete details.



**REGISTER NOW!**

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