



LACROSSE

PLAYER DEVELOPMENT

BOYS & GIRLS 6-10 YEARS

LACROSSE

4v4 GAMES

BOYS & GIRLS 6-10 YEARS



Lacrosse Player Development offers a fun, high-energy environment where players improve their abilities and advance their skills. These gender-specific classes are fast-paced, team-oriented “practices” that provide the ideal “next step” in our lacrosse progression. Lacrosse fundamentals will be a major focus and rules/strategies will be introduced through competitive drills and scrimmages.

PLAYER DEVELOPMENT (Boys & Girls 6-10 Years)

For players looking to improve stick work and technical skills through repetition and game scenarios such as 2v1, 3v2, and 4v4. Players will be divided up based on skill level as we prepare them for Rec & Club Lacrosse.

Coppermine Lacrosse 4v4 Games provide small sided opportunities for players to elevate their game and test their lacrosse IQ in fun, competitive ways. The 4v4 games allow participants more touches on the ball and improve their stick skills at a faster pace. SwaxLax balls are used for these non-contact games.

4V4 GAMES (Boys & Girls 6-10 Years)

For players with a solid foundation looking to improve stick work in a 4v4 game format. Players should be able to catch and throw on the move and will be divided based on skill level and will receive feedback aimed to improve both offensive and defensive play. All players will receive feedback.

CLINIC SCHEDULE

COPPERMINE CROSS KEYS			COPPERMINE DU BURNS ARENA		
CLINICS	WEDNESDAY	SUNDAY	CLINICS	SATURDAY	
BOYS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks	4:30pm	11:00am	BOYS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks	11:15am	
GIRLS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks	4:30pm	11:00am	GIRLS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks	11:15am	

WHAT TO WEAR: Comfortable clothing and athletic (closed-toe) footwear.

Boys: Helmet, shoulder pads, arm pads, mouth guard, gloves, stick, and water. **Girls:** Goggles, mouth guard, stick, and water.

GAME SCHEDULE

COPPERMINE SPORTS CENTER		5731 COTTONWORTH AVE BALTIMORE, MD 21209						
GAMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BOYS 4v4 GAMES (6-10 Years) 1 Hour - \$160 for 8 Weeks						10:00am 11:00am		
GIRLS 4v4 GAMES (6-10 Years) 1 Hour - \$160 for 8 Weeks						10:00am 11:00am		

WHAT TO WEAR: Comfortable clothing and athletic (closed-toe) footwear.

Boys: Mouth guard, stick, and water. **Girls:** Mouth guard, stick, and water.

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