



LACROSSE

PLAYER DEVELOPMENT

BOYS & GIRLS 6-10 YEARS

LACROSSE

4v4 LAX CLINICS

BOYS & GIRLS U6-U9 YEARS



Lacrosse Player Development offers a fun, high-energy environment where players improve their abilities and advance their skills. These gender-specific classes are fast-paced, team-oriented “practices” that provide the ideal “next step” in our lacrosse progression. Lacrosse fundamentals will be a major focus and rules/strategies will be introduced through competitive drills and scrimmages.

PLAYER DEVELOPMENT (Boys & Girls 6-10 Years)

For players looking to improve stick work and technical skills through repetition and game scenarios such as 2v1, 3v2, and 4v4. Players will be divided up based on skill level as we prepare them for Rec & Club Lacrosse.

CLINIC SCHEDULE

COPPERMINE CROSS KEYS		4 HAMILL ROAD BALTIMORE, MD 21210						
CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BOYS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks			THIS PROGRAM WILL RETURN FALL 2020					
GIRLS PLAYER DEVELOPMENT (6-10 Years) 1 Hour - \$240 for 12 Weeks			THIS PROGRAM WILL RETURN FALL 2020					

WHAT TO WEAR: Comfortable clothing and athletic (closed-toe) footwear.

Boys: Helmet, shoulder pads, arm pads, mouth guard, gloves, and stick. **Girls:** Goggles, mouth guard, and stick.

Coppermine is thrilled to offer the ultimate youth lacrosse experience that combines quality instruction with fast-paced play. Our 4v4 LAX Clinics are perfect for those who are ready for that “next step” of lacrosse to continue to develop fundamentals or veteran players looking to build their IQ and prepare for spring. Low contact, high reps, endless fun.

4v4 LAX CLINICS (Boys & Girls U6-U9 Years)

Our gender-specific Clinics are grouped by age (U6, U8, U9) and are structured as follows:

- 10 minute fast-paced, high-rep skill session
- Three (3) 12-minute periods of running clock 4v4 play
- Improve game play

CLINIC SCHEDULE

COPPERMINE CROSS KEYS		4 HAMILL ROAD BALTIMORE, MD 21210						
CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
4v4 LAX CLINICS GIRLS (6-8 Years) 1 Hour - \$240 for 12 Weeks			4:30pm					
4v4 LAX CLINICS BOYS (6-8 Years) 1 Hour - \$240 for 12 Weeks			4:30pm					

WHAT TO WEAR: Comfortable clothing and athletic (closed-toe) footwear.

Boys: Mouth guard, stick, helmet, and gloves (optional). **Girls:** Mouth guard, stick, and goggles.

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