

Jess Roguski Onheiser

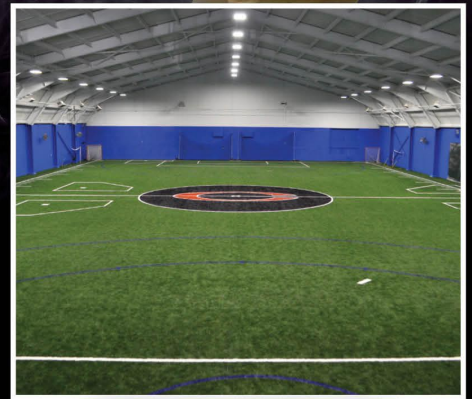
DRAW CONTROL SPECIALIST CLINICS



WHO	Graduation Years 2023-2028 Girls	
WHEN	Tuesday, January 15th	Tuesday, February 12th
	6:00-7:00pm 2025/2026	6:00-7:00pm 2027/2028
	7:00-8:00pm 2024/2023	7:00-8:00pm 2025/2026
	8:00-9:00pm High School	8:00-9:00pm 2024/2023
COST	\$45 Per Player	
LOCATION	Coppermine Cross Keys 4 Hamill Road • Baltimore, MD 21210	
QUESTIONS	Contact Deanna Sandstrom deanna@copperminefieldhouse.com • 410-419-5797	

JESS ROGUSKI ONHEISER

- Coach Onheiser is the founder and owner of Recruit-Her LLC.
- Assistant Athletic Director and Varsity Lacrosse Coach at Garrison Forest School (2008-2012).
- Assistant Women's Lacrosse Coach at Loyola University (2006-2008)
- Assistant Women's Lacrosse Coach at Ohio University (2004-2006)
- Vanderbilt Two-time All-American and Hall of Fame Inductee
- The United States Developmental and Elite Teams (2004-2007)
- Ranked top 10 nationally for draw controls 2002-2004 season
- Vanderbilt Community Service Athlete of the Year
- Children's Hospital Athlete of the Year in 2004



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